

MIDDLEBURG MARTIAL ARTS

Red/Brown (3rd Gup Interim)

1. Brown belt represents?
 - A. Speedy development of youth.
 - B. Maturity, respect, and honor.
 - C. Blood, life, energy, attention, and control.
 - D. Power, stability, agility, weight, and wisdom.

2. When was Grandmaster Shin proclaimed Grandmaster of the WTSDA?
 - A. November 12, 1982
 - B. November 16, 1985
 - C. November 13, 1982
 - D. October 18, 1968

3. Why do we practice one-step sparring?
 - E. To gain balance and speed.
 - F. To gain confidence.
 - G. To gain focus, timing, and distance.
 - H. To gain trust with other students.

4. Which of the following is not a rule or procedure in the dojang?
 - I. Warm up prior to starting class.
 - J. Avoid taking part of loud or controversial activities.
 - K. Keep fingernails and toe nails clipped short to prevent injury to other students while sparring.
 - L. A student must wait for the instructor to acknowledge him/ her before entering the dojang.

5. What is the name of the Korean flag?
 - A. Tae Keuk Ki
 - B. Um Yang
 - C. Kyung Yet
 - D. Kukgi

6. How far can you trace the Do Bohk back?
 - A. 250 B.C.
 - B. 500 A.D.
 - C. 600 A.D.
 - D. 650 A.D.

7. What is the name of the young aristocrats?
 - A. Kwon Bop
 - B. Hwa Rang Dan
 - C. Hwa Soo Do
 - D. Wang Kun

8. What are the three mottos of Tang Soo Do?
 - M. Truth, honor, and justice.
 - N. Traditionalism, professionalism, and brotherhood.
 - O. Friendship, honor, and obedience.
 - P. Self defense, healthiness, and integrity.

9. What year was the first martial arts book written?
 - A. 1780A.D
 - B. 1790A.D
 - C. 668A.D
 - D. 1392A.D

10. What magazine was Grandmaster Shin honored in?
A. Black Belt Magazine B. 20TH Century Warriors Magazine
C. Time Magazine D. Century Magazine
11. Where did World Tang Soo Do Association form in?
A. Seoul, Korean B. Philadelphia, Pennsylvania
C. Burlington, New Jersey D. Tokyo, Japan
12. What is a high two hand x block in Korean?
13. What is a Dwi Cha Ki?
14. What is a Bit Cha Ki?
15. Name low, middle, and high block in Korean?
16. Name low, middle, and high kick in Korean?
17. Yu Dan Ja is...
A. Gup holder B. Dan holder C. Bow to instructor D. Breaking
18. Ahneso Pahku Ro Mahk Ki is...
A. Outside/inside crescent kick B. Inside/outside crescent kick
C. Outside/inside block D. Inside/outside block
19. Choong Dan Hang Jin is...
A. Side stance B. Side punch C. Hammer fist D. Back fist
20. Hand techniques in Korean are?
A. Jok Ko B. Mahk Ki C. Soo Ki D. Shi Sun
21. What does red belt represent?
A. Maturity, respect, and honor. B. Mastery, calmness, and dignity.
C. Blood, life, energy, attention, and control. D. Power, stability, and agility.