

Teen/Adult Record of Monthly Community Involvement Character Building Sheet #7

Teenagers and Adults are responsible to participate in one community support activity per month. Volunteering to help others shows understanding and compassion and also provides added learning and leadership skills. This participation record is an added tool in determining rank promotion and qualifying for Black Belt and advance leadership assignments.

Your mentor/instructor can provide suggestions for community involvement or you may choose an activity of your liking. Any actions that help another person, the community or charitable organizations are examples of community involvement.

NAME: _____ **DATE:** _____

RANK: _____ **AGE:** _____

DATE OF LAST PROMOTION: _____

DOJANG: _____

Type of Community Service: _____

(Include dates and hours) _____

or attach Community _____

service information _____

NAME: _____ **DATE:** _____

RANK: _____ **AGE:** _____

DATE OF LAST PROMOTION: _____

DOJANG: _____

Type of Community Service: _____

(Include dates and hours) _____

or attach Community _____

service information _____

I do affirm that the information contained in this document is accurate.

STUDENT SIGNATURE _____ **DATE** _____

PARENT SIGNATURE IF STUDENT IS UNDER 18 _____