



Middleburg Martial Arts
2360 Blanding Blvd.
Middleburg, FL 32068
904-291-1335
MiddleburgMartialArts.com

BUILDING GOOD CHARACTER (5)

I am building good character by doing to following. (Check all boxes)

- I caught myself not making fun of someone that fell or made a mistake.
- I caught myself standing up when adults entered the room.
- I caught myself not starting to eat my dinner until my parents began to eat or told me to begin.
- I caught myself having a good attitude even when things did not go my way.
- I caught myself encouraging someone who needed help with something (school work, Tang Soo Do, etc).
- I caught myself sharing what I had with others.
- I caught myself not arguing with my brother/sister/friend.
- I caught myself not asking for things over and over when shopping with my parents after being told "No".
- I caught myself telling my parents "Good Night and I Love You" before I go to bed.

Name

Parent Signature

Date

**Please complete each task two times.
Once completed, return form back to Middleburg Martial Arts.**