



Middleburg Martial Arts
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MiddleburgMartialArts.com

BUILDING GOOD CHARACTER (1)

As you have learned, we teach our students to show respect in three ways;

1. **Eye Contact**-looking at the person you are speaking with or listening to.
2. **The 7 Magic Words**-yes ma'am, no ma'am, yes sir, no sir, please, thank you and you're welcome.
3. **Honoring Rules**-Listening and following directions the first time.

We would like your child to start this right away. This form is their first Character Building Sheet. They will need to complete one Character Building Sheet per testing cycle (1 every 3 months). When this is complete please have them bring it to class and turn it into the instructor. Just ask for the next sheet at the front counter.

Mom and Dad have probably had to ask you more than once to do something. They may even have had to ask three or four times for you to do something. Try doing anything they ask the very first time they ask. This is a personal discipline work sheet so you can earn your testing privilege. You must complete five tasks the **VERY FIRST TIME** you were asked. You must complete the sheet and return it with your test papers prior to the test.

Task	Mom or Dad's Initials
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

Parents please only initial the tasks that were completed without any complaints or hesitation the very first time you asked. Thank you for your time and cooperation.