



Middleburg Martial Arts

2360 Blanding Blvd.
Middleburg, FL 32068
904-291-1335

MiddleburgMartialArts.com

GREEN BELT (5th Gup Test)

NAME _____ DATE _____

1. Please list the **14 attitude requirements**.

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____
- 7) _____
- 8) _____
- 9) _____
- 10) _____
- 11) _____
- 12) _____
- 13) _____
- 14) _____

2. What do the following **Korean terms** mean?

- 1) Kwan Chang Nim _____
- 2) Do Bohk _____
- 3) Do Jang _____
- 4) Pyung Ahn _____

3. What is the **meaning of Tang Soo Do**?

4. How **old** is Tang Soo Do?

5. Describe the **philosophy behind the color of green belt**.



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6. Explain the **Um and Yang Principle**.

7. What do the **6 stars on the World Tang Soo Do Association flag** represent?

8. What does the **belt** represent on the flag?

9. What **move** is the man on the flag doing and what does it represent?

10. List **ten major vital points**.

11. Explain why we **Ki Hap**.

12. Why do students have to **bow to the instructors**?