



Middleburg Martial Arts

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MiddleburgMartialArts.com

BROWN BELT (3rd Gup Test)

NAME _____ DATE _____

1. What does "Do" mean?
a) Way of the mind b) Way of life or art c) Nature d) Hand
2. Which Dynasty united the three kingdoms of ancient Korea in 668AD?
a) Paekche b) Koguryo c) Koryo d) Silla
3. What was the title of the first complete martial art book?
a) Mooyae Dobo Tongii b) I Ching Do
c) 20th Century Warriors d) Dobo Han Dan Ki
4. What year was Grandmaster Jae Chul Shin born?
a) 1936 b) 1968 c) 1935 d) 1940
5. When was J.C. Shin proclaimed Grandmaster of the World Tang Soo Do Association?
a) November 12, 1982 b) November 16, 1985
c) November 13, 1982 d) October 18, 1968
6. Which one of the following is not one of the 7 tenets?
a) Indomitable Spirit b) Serious Approach c) Perseverance d) Integrity
7. Which of the following is not one of the 14 attitude requirements?
a) Maintain regular & constant practice b) All out effort
c) Frequently inspect your own achievements d) Obedience to parents
8. Brown belt represents?
a) Speedy development of youth b) Maturity, respect & honor
c) Blood, life, energy, attention & control d) Power, stability, agility, weight & wisdom
9. Brown belt is a stabilizing stage both _____ & _____.
a) Emotionally & Spiritually b) Mentally & Physically
c) Physically & Emotionally d) Mentally & Spiritually
10. Green belt represents?
a) Speedy development of youth b) Power, Stability, Agility, Weight & Wisdom
c) Blood, Life, Energy, Attention & Control d) Mastery, Calmness, Dignity & Sincerity
11. Why do we practice one step sparring?
a) To gain balance and speed b) To gain confidence

- c) To gain focus, timing and distance control c) To gain trust with other students
12. What do the three solid bars represent on the Korean flag?
- a) Earth b) Water c) Fire d) Heaven
13. What does Pyung Ahn mean?
- a) Calm & peace of mind b) Ten Hand
c) Meditation d) Relaxation
14. Which set of vital points can be deadly?
- a) Skull, Collarbone, Groin c) Floating Ribs, Achilles Tendon, Center of Back
c) Armpit, Abdomen, Knee Joint d) Philtrum, Solar Plexus, Temple
15. According to the Gup manual, students should arrive at least _____ minutes before their class is scheduled to start?
- a) 20 b) 5 c) 15 d) 10
16. Which of the following is not a rule or procedure in the Dojang?
- a) Warm up prior to starting a class
b) Avoid taking part in loud or controversial activities
c) Keep fingernails and toe nails clipped short to prevent injury to other students while sparring
d) A student must wait for the instructor to acknowledge his/her bow before entering the Dojang
17. When you learn a new technique, learn thoroughly the _____ & _____ as well.
- a) Focus & Power b) Speed & Balance
c) Application & Theory d) Theory & Philosophy
18. Do not be overly _____.
- a) Stretched out b) Immature c) Ambitious d) Discouraged
19. When you begin to feel _____, try to overcome this.
- a) Idle c) Tired c) Mature d) Sore
20. Purpose of training should be the enhancement of _____ & _____ betterment.
- a) Spiritual & Physical b) Mental & Physical
c) Emotional & Physical d) Emotional & Spiritual

CHOOSE THE CORRECT ENGLISH TRANSLATION

21. Yu Dan Ja
a) Gup Holder b) Dan holder c) Bow to Instructor d) Breaking
22. Kwan Chang Nim
a) Instructor b) Grandmaster c) Senior Dan d) Respect
23. Kee Ma Ja She
a) Fighters Stance b) Horse Riding Stance
c) Ready Stance d) Front Stance
24. Ahneso Pahku Ro Mahk Ki
a) Outside Inside Crescent Kick b) Inside Outside Crescent Kick
c) Outside Inside Block d) Inside Outside Block
25. Choong Dan Hang Jin
a) Side Stance b) Side Punch c) Hammer Fist d) Back Fist

CHOOSE CORRECT KOREAN TRANSLATION

26. National Flag
a) Kukgi b) Hyup Hoi Ki c) Weh Kong d) Ho Sin Sul
27. Hand Technique
a) Jok Ko b) Mahk Ki c) Soo Ki d) Shi Sun
28. Meditation
a) Ahn Jo b) Muk Yum c) Ba Ro d) Dwi Ro Tora
29. Side Stance
a) Choon Bee Ja Seh b) Chun Kul Ja She
b) Sa Ko Rip Ja Seh d) Hu Kul Ja She
30. Outside Inside Kick
a) Ahneso Phaku Ro Mahk Ki b) Phakeso Ahnu Ro Mahk Ki
c) Phakeso Ahnu Ro Cha Ki d) Ahneso Phaku Ro Cha Ki
31. Knee
a) Pahl Koop b) Moo Roope c) Chu Mok d) In Choong
32. Heel of Palm
a) Kap Kwon b) Jung Kwon c) Cha Ki d) Jang Kwon
33. Turn
a) Shio b) Tora C. Shi Jak c) Ahn Jo d) Ryung