



# Middleburg Martial Arts

2360 Blanding Blvd.  
Middleburg, FL 32068  
904-291-1335

[MiddleburgMartialArts.com](http://MiddleburgMartialArts.com)

## RED BELT (2<sup>nd</sup> Gup Test)

NAME \_\_\_\_\_ DATE \_\_\_\_\_

1. What is the name of the Korean Flag?  
a) Tae Keuk Ki                      b) Um Yan                      c) Kyung Yet                      d) Kukgi
2. What does red belt represent?  
a) Maturity, respect and honor  
b) Mastery, calmness and dignity  
c) Blood, life, energy and attention  
d) Power, stability and agility
3. How far can you trace the Do Bohk back?  
a) 250 B.C.                      b) 500 A.D.                      c) 600 A.D.                      d) 650 A.D.
4. What are five (5) vital points.  
a) Jaw, temple, knee joint, groin and in step  
b) Head, leg, back, kidney and throat  
c) Adams Apple, nose, eyes, forehead and stomach
5. What are the three kingdoms?  
a) Hwa Rang Dan, Buyo and Silla  
b) Koguryo, Silla and Paekche  
c) China, Japan and Korea  
d) Won Kwang, Koryo and Yi
6. How long did the Koryo Kingdom last?  
a) 475 years                      b) 500 years                      c) 267 years                      d) 200 years
7. What is the name of the young aristocrats?  
a) Kwon Bop                      b) Hwa Rang Dan                      c) Hwa Soo Do d) Wang Kun
8. What was the Dynasty that overthrew the Silla Dynasty?  
a) Paekche                      b) Yi                      c) Koryo                      d) Soo Bahk
9. What Dynasty overthrew the Koryo?  
a) Silla                      b) Yi                      c) Muyong Chong                      d) Hwang Kee



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10. Who was Wang Kun?
- a) A monk                      b) A warlord                      c) An instructor                      d) An aristocrat
11. What country occupied Korea?
- a) Japan                      b) China                      c) Indonesia                      d) Thailand
12. What are the three (3) mottos of Tang Soo Do?
- a) Truth, Honor and Justice  
b) Traditionalism, Professionalism and Brotherhood  
c) Friendship, Honor and Obedience  
d) Self Defense, Healthiness and Integrity
13. Grandmaster Shin has six (6) fields of expertise. Which of the following have three correct?
- a) Breaking, Sparring and Health Care  
b) Meditation, Well Being and Military Instructions  
c) Self Defense, Weapons and Forms  
d) Political Science, Teaching and Martial Arts
14. When was Grandmaster Shin recognized as Grandmaster?
- a) November 12, 1982  
b) November 16, 1985  
c) November 13, 1982  
d) October 18, 1968
15. What year was the first martial arts book written?
- a) 1780 A.D.                      b) 1790 A.D.                      c) 668 A.D.                      d) 1392 A.D.
16. What magazine was Grandmaster Shin honored in?
- a) Black Belt Magazine  
b) 20<sup>th</sup> Century Warriors Magazine  
c) Time Magazine  
d) Century Magazine



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17. Where did the World Tang Soo Do Association form in?

- a) Seoul, Korea
- b) Burlington, New Jersey
- c) Philadelphia, Pennsylvania
- d) Tokyo, Japan

18. Name one place that Grandmaster Shin taught in?

- a) New Jersey
- b) Korea University
- c) U.S. Air Force
- d) Guam

19. Why do we practice one step sparring?

- a) To learn balance, self defense and strategy
- b) To gain focus, timing and distance control
- c) To focus power and energy
- d) To gain a sense of modesty , confidence and peace

20. a paragraph saying what it means to you to be a red belt?