## MIDDLEBURG MARTIAL ARTS RED BELT (1st Gup Test)

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NAME	DATE
<ol> <li>What is the name of the Korean Flag?</li> </ol>	
2. What does red belt represent?	
3. How far can you trace the Do Bohk back?	
4. Name five (5) vital points.	
5. Name the three kingdoms.	
6. How long did the Silla Kingdom last?	
7. What is the name of the young aristocrats?	
8. What was the Dynasty that overthrew the Silla Dynasty?	
9. What Dynasty overthrew the Koryo?	

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- 10. Who was Wang Kun?
- 11. What country occupied Korea?
- 12. Name the three (3) mottos of Tang Soo Do?
- 13. Grandmaster Shin has six (6) fields of expertise. Name three.
- 14. When was Grandmaster Shin recognized as Grandmaster?
- 15. What year was the first martial arts book written?
- 16. What magazine was Grandmaster Shin honored in?
- 17. Where did the World Tang Soo Do Association form in?
- 18. Name one place that Grandmaster Shin taught in?

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- 19. Why do we practice one step sparring?
- 20. What does it mean to you to be a red belt?